

**City of Lake Forest Park**  
**Parks and Recreation Advisory Board**  
**Regular Meeting Summary**  
**April 20, 2022**

**Regular Meeting: Call to Order – 7:03PM**

**Parks and Recreation Advisory Board Members Present:**

Tyler Dittman, Amy Hanegan, Julie Wheatley, Max Beuter, Alice Pedersen

**Staff and Others Present:**

Cory Roche - Community Volunteer Coordinator, Councilmember Lorri Bodi

**Members of the Public Present:**

Mike Dee

**Welcome and Introductions**

**Review/Approve April Agenda:**

Julie motioned to approve the agenda, Alice seconded the motion to approve, the agenda was approved unanimously.

**Review/Approve March Meeting Minutes:**

Julie motioned to approve the March Meeting Minutes, Amy seconded the motion to approve, meeting minutes approved unanimously.

**Workplan Items: Increase Recreation Opportunities**

Tyler stated that bringing in groups for presentations the last couple of meetings have sparked some ideas of how the Board can connect and/or create recreation opportunities.

**• Bringing Yoga to Parks**

Alice mentioned she has been thinking of ways on how to use public spaces, and parks are great when people are in them and using them. Seattle does yoga or dance classes in parks for free in summers and thinks it would be great to do something similar at Animal Acres or Horizon View. Alice stated instructors do need to be paid for their time, 50 dollars per slot, and dance classes wouldn't be able to be on grass.

The Board discussed if this should be a drop in or attendance sign up, length of series, and how to advertise. Discussion on what sort of classes this would be: dance, yoga, pilates, movement classes for aging community members, but all can attend.

Alice did mention this would be more of a community event/gathering rather than a yoga retreat. Learning about local instructors, being outside, learning new movements, and community building rather than strictly yoga. She would take lead in gathering instructors, if other board members have connections, please send her way.

Board agreed this could be movement in the parks rather than strictly yoga classes. Cory would work on liability coverage, funding for advertisement and payment to the

instructors. Board members would need to staff to make sure attendees all sign waivers through the summer series. Participants would need to bring their own supplies (matts, etc). The Board also agreed that weekends, around an 8 week sessions would work well, all at Horizon View Park, and agreed to keep it open to the community.

Max wondered if there was access to the Town Center space? Cory stated there could potentially be a way to partner in the future, but they do have a full schedule and is not sure if this is something they would invite. Councilmember Bodi mentioned the Board would need a clear picture of how we would want to use this set up. Cory stated she would invite Amy, the Third Place Commons Director to a future meeting, to give a background and explanation of the space and what they provide. Tyler mentioned there could be a future winter activity to partner with them.

- **Walking Tour and Recreation Connection**

Max mentioned a book he has been using to explore parks and cities around Washington State that includes history of landmarks, parks, etc. Sparked an idea the Board had some time ago of creating some sort of walking tour with LFP landmarks/parks/history of the City.

The Board discussed that they would start data collection of historic and other LFP landmarks/information. See if they can come up with a new version combined with already put together history, significant trees, and unique LFP landmarks. Create fun walking tours, suggest routes for different needs.

- **Horizon View Tennis/Pickleball Court Updates**

Cory gave an update on the funding as there may be grant funds to make this happen and include more courts, up to four. Amy did mention to consider parking at Horizon View, as it is a concern.

#### **PRAB Park Tours**

The Board plans on touring parks in an upcoming meeting, to gather information of what is out there, current state, the purpose, and allowable activities at each park.

#### **PRAB May Meeting Update**

Cory mentioned the Hybrid option is coming soon, will have updates at next meeting.

#### **Other Business:**

Councilmember Bodi stated there was a Lobbyist presentation of State Legislator allocation extra funds for sidewalk programs. The City has design plans for Brookside and Lake Forest Park Elementary School areas. Grant proposals might be in the works for Briarcrest Elementary School, nothing is definite or action items for the Parks Board to do. Also mentioned that at the Committee of the Whole meeting, discussion on traffic safety/calming and speed limits will take place but will debrief the board for those who cannot attend.

#### **Public Comments:** None.

**Adjourn:** 8:14PM